



# STROLL & ROLL

## National Walk Safely to School Day!

We are excited to be promoting and participating in National Walk Safely to School Day this year! Encouraging as many students as possible to walk to school. Remember that if you live too far away to walk the whole way, that part of the way is ok! There are many benefits to walking to school, which include:

- Children learn important skills such as road safety and awareness of their surroundings. This can help promote independence and resilience
- Active travel is a great opportunity for children to have fun and to socialise with other children or their family
- Increasing children's activity levels can help generate positive learning outcomes such as improved concentration in the classroom
- Active travel helps to reduce traffic congestion around the school



For more information  
scan the QR code or visit  
[www.latrobe.vic.gov.au/StrollandRoll](http://www.latrobe.vic.gov.au/StrollandRoll)

