



2022-25

**Latrobe City Council**

# **DISABILITY ACCESS & INCLUSION PLAN**





**Latrobe City Council acknowledges that it operates on the traditional land of the Brayakaulung people of the Gunaikurnai nation and pays respect to their Elders past and present.**





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# Mayor's Message

Latrobe City Council is committed to making our community a better place to live, work and visit for people with disability, their families, friends and carers.

The Disability Access and Inclusion Plan 2022 - 2025 has been developed as a result of our partnership with community in our extensive engagement for *Living Well Latrobe 2022-25 - Our Community's Municipal Public Health and Wellbeing Plan*. As we developed Living Well Latrobe we connected with a range of community members with lived experience of disability and relevant stakeholders to understand their specific needs and aspirations for the future in relation to improving health and wellbeing experiences and outcomes.

The Disability Access and Inclusion Plan 2022 - 2025 outlines how Latrobe City Council will work with the community and our partners to embed access, inclusion and equity principles across service delivery and the community under four priority areas - **Safe, Healthy and Active, Resilient and Supported, Natural and Built Environments**.

To ensure our work continues to reflect the needs and aspirations of our community, we will evaluate and review priority actions on an annual basis in consultation with our partners, stakeholders and most importantly people with lived experiences of disability.

We recognise intersectionality in our work and commit to focusing on older people through the Ageing Well Latrobe Action Plan, in addition to hearing the voices of young people with disability through the VicHealth Local Government Partnership.

I would like to thank everyone who has been involved in the development of this plan, particularly our Disability Access and Inclusion Community Engagement Group, who generously share their time, experience and insights with us.

**Cr Kellie O'Callaghan**  
**Mayor, Latrobe City Council**



**Cr Kellie O'Callaghan**  
**Mayor of Latrobe City**



# Guiding principles to deliver this plan

Six principles for action support the objectives in this plan and should be front of mind when implementing any actions associated with this plan.



1

We are committed to evidence-based practice, which is informed by community input and evaluation.

2

We build on what we already have by celebrating our community and utilising our built and natural assets to enhance health and wellbeing.

3

We integrate health and wellbeing objectives across all aspects of Council planning and policy.

4

We ensure that our actions have a focus on affordability, accessibility and inclusivity.

5

We focus on prevention.

6

We acknowledge that some people will experience poorer health outcomes depending on their physical and social environments.





WALKING BASKETBALL

WALKING BASKETBALL



## Safe

Identifying and responding to key community safety priorities and needs



### Living Well Latrobe 2022-25 Strategic Objectives that focus on people with disability

- 1.1 Promote, support and develop place-based programs and partnerships to support community safety, resilience and inclusion.
- 1.3 Deliver Council's Disability Action Plan and further embed access, inclusion and equity principles across service delivery and the community.
- 1.5 Work with the community and stakeholders to reduce the incidence of family violence, men's violence against women, elder abuse and all forms of violence and abuse.
- 1.8 Work to increase the safety of all road users by utilising a safe system approach and promoting active transport.





# Healthy and active

Supporting everyone to achieve their best physical and mental health



## Living Well Latrobe 2022-25 Strategic Objectives that focus on people with disability

- 2.2 Support a diverse range of opportunities for people to engage in sport, leisure, and recreation with a focus on affordability and accessibility. Strengthen partnerships between organised clubs/groups and Council to support delivery of programs related to physical activity and positive mental health.
- 2.3 Increase and promote incidental physical activity opportunities, active play and transport.
- 2.4 Support a diverse range of opportunities for people to engage in creative arts programs and events, with a focus on affordability and accessibility. Promote engagement with creative arts as a way to improve social inclusion and positive mental health.
- 2.5 Support and promote safe sexual and reproductive health.
- 2.6 Increase opportunities for a diverse range of community members to participate in the co-design of Council services, events or programs.
- 2.7 Build understanding of the key factors that influence a person's mental wellbeing and promote prevention initiatives that support positive mental health and wellbeing.





# Resilient and supported

Working together to build a resilient, connected and adaptive community



## Living Well Latrobe 2022-25 Strategic Objectives that focus on people with disability

- 3.3 Encourage community-led initiatives, programs and events through the community grants program. The grants program supports groups and organisations to be inclusive, welcoming, encourage physical activity and positive mental health and wellbeing and support the principles within this plan.
- 3.7 Identify the barriers to social inclusion, including working within Council, with partners and in collaboration with the communities that are most affected.
- 3.9 Support initiatives that create positive employment opportunities for people of all ages and abilities.
- 3.11 Ensure Council services and events remain affordable, welcoming and accessible for all.





# Natural and built environments

Considering the connection between health and our physical environments



## Living Well Latrobe 2022-25 Strategic Objectives that focus on people with disability

- 4.2 Apply where possible Healthy Active by Design principles when planning open space and neighbourhoods.
- 4.3 Utilise universal design in the development and upgrade of community assets and open space.
- 4.4 Develop campaigns to improve community pride in our built and natural assets.
- 4.5 Encourage individuals and communities to plan for, create and maintain a healthy environment that fosters community connectedness.





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