# Client Support Services

# ABORIGINAL AND TORRES STRAIT ISLANDER

## Central Gippsland Aboriginal Health Services

Services: GP clinic, dental services, Koorie maternity services, Aboriginal health workers, a full range of family services, social and emotional wellbeing services, alcohol and other drugs service, Best Start, day care centre, playgroup and parenting programs.

15-17 Collins Street (Cnr Buckley and Collins Streets), Morwell
5136 5128

mreception@nindedana.net

www.ramahyuck.org

Monday to Friday, 9am to 5pm

#### Gippsland and East Gippsland Aboriginal Cooperative (GEGAC) - Morwell Site

**Services:** Alcohol and other drugs counselling and support, Safe Gambling Program, Men's Group, advocacy and referrals to other support services and assistance for Aboriginal men leaving prison with linkages to health and medical services.

162 Commercial Road, Morwell 5134 3816 Monday to Friday, 9am to 5pm

#### **CRISIS**

#### Lifeline

Services: Free 24-hour National Crisis Support Service (Ph: 13 11 14), Connect Call Back free phone-based crisis intervention program in Gippsland up to eight weeks (Ph: 5136 3500 or self-refer via website www.llg.org.au), online crisis chat at www.lifeline.org.au available from 7pm to 12midnight (AEST/ AEDT) seven days a week.

#### **Quantum Support Services**

**Services:** Housing and homelessness support, tenant advocacy, family violence support, community strengthening, foster care and youth work.

227 Princes Drive, Morwell 5120 2000 www.quantum.org.au Monday to Friday, 9am to 5pm

#### **The Orange Door**

**Services:** Help and support for women, children and families experiencing issues with family violence.

163 Princes Drive, Morwell 1800 319 354 iga@orangedoor.vic.gov.au

## FINANCIAL COUNSELLING

#### **National Debt Helpline**

**Services:** Free Financial counselling that is independent and confidential. 1800 007 007

#### **Good Money**

Schemes, free financial counselling (Ph 1300 148 028) to book a phone or face to face appointment.

10 Tarwin Street, Morwell
1300 770 550

Monday to Friday, 9.30am to 4.30pm

Services: No Interest and StepUP Loan

#### **Anglicare**

190 Commercial Road, Morwell 1800 286 260 www.anglicarevic.gov.au Monday to Friday, 9am to 5pm

#### **Better Place Australia**

41 Grey Street, Traralgon 1800 639 523 or 5175 9333

# Latrobe Community Health Service (LCHS)

Sites located across Latrobe. 1800 242 696

#### **GENERAL**

# **Anglicare Victoria**

**Services:** Adoption, foster care, family services, Parentzone, Children's Contact Centre, Child First, community legal service, youth justice group conferencing, Koorie youth justice, free financial counselling and No Interest Loan Scheme (NILS).

190 Commercial Road, Morwell 1800 286 260 www.anglicarevic.gov.au Mondav to Fridav. 9am to 5pm

#### **Services Australia (Centrelink)**

**Services:** Government payments and social workers.

Cnr Chapel and Elgin Street, Morwell 132 850

www.humanservices.gov.au Monday to Friday, 8.30am to 4.30pm

#### HOUSING

# **Community Housing Ltd**

**Services:** Housing information, advocacy and referral, assessments for financial assistance, applications for public and private rental assistance. 12-14 Church Street, Morwell 5120 4800

5120 4800 www.chl.org.au Monday to Friday. 9am to 5pm

#### **LEGAL**

#### **Consumer Affairs Victoria**

**Services:** Consumer and tenancy advice.

25 Ann Street, Morwell 5116 5701

www.consumer.vic.gov.au Monday to Friday, 9am to 5pm

#### Better Place Australia

**Services:** Free financial counselling and mediation services at a subsidised rate. Financial counselling outreach available in Moe.

41 Grey Street, Traralgon (Free Call) 1800 639 523 or 5175 9333

## Victoria Legal Aid

**Services:** Legal assistance for criminal and family law, child protection, family violence, tenancy, guardianship and administration, fines, Centrelink debt, victims of crime and mental health. Legal Help phone line for free information and advice: 1300 792 387

4 Chapel Street, Morwell. 5126 6444 (appointment only) www.legalaid.vic.gov.au Monday to Friday, 8.45am to 5.15pm

#### MEDICAL

# Moe After-Hours Medical Service (MAHMS)

**Services:** MAHMS is a walk-in service, so no appointments are necessary and patients will be seen in order of priority. MAHMS is located at Latrobe Community Health Service.

42-44 Fowler Street, Moe 5127 9111

Monday to Friday, 7.30pm to 10pm Saturday, 4.30pm to 10pm Sunday and public holidays, 2.30pm to 10pm

## Supercare Pharmacy Chemist Warehouse Traralgon

**Services:** 24-hour pharmacist for medicines, first aid equipment and non-emergency health advice or treatment. Free nursing service available 6.00pm-10.00pm for minor injuries and illnesses. No appointment or Medicare card required.

92 Franklin Street, Traralgon

5174 2003

Open 24-hours a day, seven days a week.

Includes a private consulting room with free nursing service between 6pm and 10pm every day for minor illness and injuries.

# Latrobe Community Health Service (LCHS)

**Services:** GP clinic, nursing services, dental services, alcohol and other drug treatment services, NDIS, allied health, aged care assessment services, carer programs, counselling, volunteers, gamblers help, and refugee and settlement support.

Sites located across Latrobe. 1800 242 696

# Phone and Online services for non-urgent health advice

**Services:** These services have trained health professionals who can provide immediate, expert health advice 24 hours a day, 7 days a week. These services are free and confidential. Healthdirect after-hours help line: 1800 022 222

Nurse On Call: 1300 60 60 24
Healthdirect: www.healthdirect.gov.au
Doctors On Demand
www.doctorsondemand.com.au
Maternal & Child Health Line: 13 22 29
Maternal & Child Health (MCH) App:
Available from the Apple Store or
Google Play.

# Emergency Relief & Support Services

**JULY** 2020



#### \*Please note

During COVID-19 restrictions some services may be operating differently, it is advisable to make contact first"



# Emergency Relief Services

## What is Emergency Relief?

Material or financial aid provided to assist someone to deal with their immediate needs while experiencing financial crisis or personal hardship.

# Who is eligible?

Latrobe City residents experiencing personal hardship.

Please note some services restrict their assistance to people with a Health Care Card and who live within a certain town/postcode. Due to demand and resource availability, the number of times a person can receive assistance may also be limited.

#### How to receive assistance?

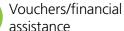
- Make direct contact with a Relief Service by telephoning or visiting their service location.
- Be referred for assistance by a someone you work with or a health professional

#### **Types of Assistance**



Food





assistance



Household goods



Shower/bathroom



Ask Izzy is a mobile website that connects people in need with support services including housing, a meal, money help, counselling and more.

#### CHURCHILL

#### **Churchill Hub**

9-11 Philip Parade, Churchill

#### 1300 367 700

Monday to Friday, 8am to Some supplies may be available (towel and toiletries).



#### **Latrobe Community Health Service**

20-24 Philip Parade, Churchill

#### 1800 242 696

Monday to Friday, 8.30am to 5pm Appointments taken on the

day. Please call at 8.30am.



Pharmacy

assistance

meals

Clothina



# 

#### St Vincent De Paul Society

Home visits only by appointment

#### 5122 3979

Tuesday, Wednesday and Leave a voicemail, contact will be made within 48-hours.







#### **MORWELL**

#### **Fossick & Find**

72 George Street, Morwell

#### 5133 9786

Monday to Friday, 9am to Referral required by a Client Support Service.





#### Latrobe Community **Health Service**

81-87 Buckley Street, Morwell

#### 1800 242 696

Monday to Friday, 8.30am to 5pm Appointments taken on the day. Please call at 8.30am.





# **Morwell Library**

63-65 Elgin Street, Morwell 5128 6131

Monday to Friday, 8.30am to 5.15pm Saturday, 9am to 12noon Some supplies may be available (towel and toiletries).





Morwell

Morwell

5134 5488

Morwell

"Re.Store"

5134 1088

**Enjoy Church** 

**Neighbourhood House** 

48-50 Beattie Crescent.

Monday, Wednesday and

144-148 Maryvale Road,

Tuesday, 9.30am to 1pm

Gold coin donation and

Health Care Card required.

Closed public holidays and

Christmas school holidavs

Salvation Army

5133 9366

57 Bridle Road, Morwell

Monday, Wednesday,

Thursday and Friday,

Appointments taken on

the day. Please call 9am

onwards. Closed from

12noon to 12.30pm.

9.30am to 3.30pm

Friday, 10am to 2pm





## St Vincent De Paul Society 5133 8226

Monday, Wednesday and Friday Leave a voicemail, contact will be made within 48-hours.









# The Gathering Place

99 Buckley Street

# 0409 301 481

Monday and Wednesday 10am-1pm



# **Heart Focus Community Care**

24 George Street, Morwell

#### 0421 841 250

Monday and Thursday 10am to 1pm (other times by appointment only) Donation required.



# MOE

#### **GCC Community Care**

Level 1, 36 George Street, Moe (Shaw's Arcade, via lift)

#### 5126 1647 or 0447 393 198

Wednesday and Thursday, 10am to 3pm Support provided for people living in 3825 postcode area only. Closed school and public holidays.









#### **Latrobe Community Health Service**

42-44 Fowler Street, Moe

# 1800 242 696

Monday to Friday, 8.30am to 5pm Appointments taken on the day. Please call at 8.30am.







## **Moe-Newborough Anglican Parish**

49 South Street, Moe (St Luke's Anglican Church)

# 5127 1119

Monday, Wednesday and Friday, 9.30am to 12noor Closed public holidays.



# Salvation Army

79-81 Dinwoodie Drive. Newborough

#### 5133 9366

Tuesday, 10am to 3.30pm Please call from 9.30am to make an appointment. Closed from 12noon to 12.30pm.





#### St Vincent De Paul Society 5127 3696

Monday, Wednesday and Friday Please call between 10am to 12noon to make an appointment







#### TCB Living to Thrive Moe **Community Groups Hub** Kirk Street, Moe

0407 832 361

Thursday and Friday, 1.30pm to 3pm (subject to availability) Appointments taken on the day. Please call between 10am to 12noon.



#### **TRARALGON**

#### **Heart Focus Community Care**

Unit 5, 13-15 Standing Drive, Traralgon

#### 0488 484 263

Tuesday, 10am to 1pm Donation and Health Care Card required.



TRCCG Abundant Life

5127 3098 or 0438 376 283

Thursday, 5.30pm to 6.30pm

Extended operating hours

Parish. Moe

International)

(Sunrise Foundation

6 George Street, Moe

on school holidays.

#### **Latrobe Community Health Service**

Cnr Princes Highway and Seymour Street, Traralgon

#### 1800 242 696

Monday to Friday, 8.30am to 5pm Appointments taken on the day. Please call at 8.30am.



#### Mick's Kitchen

(St Michael's Parish) 43 Kay Street, Traralgon

#### 5174 2060

Thursday, 6pm to 7pm



#### St Vincent De Paul Society **Assistance Centre**

43 Kay Street, Traralgon

Monday to Friday, 10.30am to

#### 5174 2278

2.30pm Support provided for people living in Traralgon area only. Home visits by appointment as needed Closed public holidays and Christmas period.







# **Ombudsman**

If problems with an energy provider or telephone company continue after speaking with the company you can speak with an Ombudsman. Problems could be related to billing, payment, disconnection, debt or connection. Financial Counselling can also support complaints to the Ombudsman.

# **Energy and Water 1800 500 509**

EWOV is a not-for-profit, independent and impartial dispute resolution service. We handle most complaints about energy and water issues, providing Victorian customers with free, accessible, informal and fast dispute resolution.

#### **Telecommunications** Ombudsman 1800 062 058

The Telecommunications Ombudsman provides a fair, independent and accessible external dispute resolution service for residential consumers and small businesses who have an unresolved complaint about their phone or internet service.

The distribution of Emergency Relief in Latrobe would not be possible without the dedicated work of volunteers and community donations. We ask that recipients are respectful of volunteers and staff at all times.

For general enquiries or to obtain this information in languages other than English or in other formats (including audio, electronic, Braille or large print), phone Latrobe City Council on 1300 367 700

Information within this document was correct at June 2020 and is subject to change without prior



